

Managing Your Own Money: Financial Independence

Everyone deserves the financial independence, and that starts with managing one's own money!

August is **ABLE to Save Month** and we are excited to report that ABLE accounts are assisting people all over the state with saving and investing their money. You can contribute up to \$15,000 in a calendar year, \$27,760 if you're employed!

- ABLE New Mexico has **877** active* accounts with an average account balance of **\$6,397** for a non-working beneficiary and **\$13,582** for an employed beneficiary!
- **568** accounts with balances between **\$1,000** and **\$9,999!**
- **139** accounts with balances between **\$10,000** and **\$24,999!**

- **30** accounts with balances between **\$25,000** and **\$49,999!**
- **2** accounts with balances between **\$50,000** and **\$74,999!**
- **1** account with a balance of between **\$75,000** and **\$99,999!**

Total Assets Under Management: **\$5,792,533**

**Accounts are considered "active" when the beneficiary has been verified and the account is funded.*

Reminder: The STABLE Account conversion from Intuition ABLE Solutions to SUNDAY (BNY) has been completed. Don't forget to retrieve your account.

Account retrieval instructions have been sent to all account holders and websites have been updated with new forms and the link to the BNY enrollment platform. New forms can be found [here](#).

Account Retrieval Instructions

1. Go to <https://www.sunday.com/register/stable/retrieve>
2. Find your account. **(If you are the authorized legal representative [ALR], please use YOUR information (DOB/SSN) not the beneficiary's.)**
 - a. You'll need two of the following three pieces of information:
 - i. Account number, adding a "ST" in front of your 10-digit account number,
 - ii. Date of birth, or,
 - iii. Social Security Number
3. Verify your identity.
 - a. You will receive a verification code to your phone or email address and will be asked to enter the code into the website.
4. Create a log-in username and password.
 - a. Use your email address as your username.

(continued on page 2)

**ABLE New Mexico
Now Has
877
Active Accounts.
Go, New Mexico!**

(continued from page 1)

You must have this current account information available when retrieving your new account.

If you have trouble finding the account and are the ALR, please use your information (DOB/SSN), not the account holder's.

More Program Change Highlights

Withdrawals can be made by filling out [this form](#) to request a monthly withdrawal, and [this form](#) for a partial or complete withdrawal from your account. Forms can be uploaded into the STABLE Account for faster processing. Other options include faxing and mailing the forms.

If you have questions about the process please contact ABL New Mexico at 505.639.3525 or Heather.Benavidez@state.nm.us, or Customer Service at 1.800.439.1653 or team@stableaccount.com.

Do you know a person or an organization who would be interested in an **ABLE New Mexico** presentation? For more information, contact:

Heather Benavidez
at (505) 639-3525 or
heather.benavidez@state.nm.us

ABLE National Resource Center Presents, “Ask An ABL Account Owner About Best Practices for ABL-Eligible Individuals and Working-Age Adults”

Have a question about ABL accounts? Come learn about helpful tools and best practices to put information into action from our ABL Ambassadors themselves.

On Friday, August 20, 2021, we'll present the webinar “Ask An ABL Account Owner About Best Practices for ABL-Eligible Individuals and Working-Age Adults.” This live question-and-answer session will give you the opportunity to ask questions from subject-

matter experts and ABL account holders on what their best practices are for opening and having an ABL account.

Have a question ahead of time? Send it to us in an email with “Ask an ABL Account Owner” in the subject line to info@ablenrc.org.

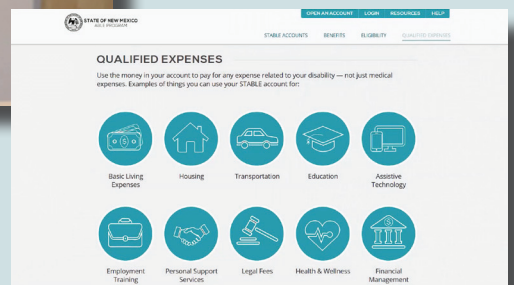
Real-time captioning and ASL Interpretation will be provided for this webinar.

[Click here to register.](#)

ABLE New Mexico YouTube Video

“Saving for the Future of Your Child with a Disability”

<https://youtu.be/5KzieaoyKSQ>





September 11, 2021
Balloon Fiesta Park

Join the Rio Grande Down Syndrome Network as we unite for a common cause and raise funds for the 2021 RGDSN Buddy Walk®. Whether you have Down syndrome, know someone who does, or just want to show your support, take the first step and donate or register today! Help us spread the word; all are welcome for our day of celebration!

To get started, [visit the website here](#). Then just select the **REGISTER** button to start a team, join a team or register with no team. Additional family/team members can be added by selecting the green **ADD**

ANOTHER REGISTRANT button during Step 3. After you complete registration you can start your team or personal fundraising page by selecting the **FUNDRAISING PAGE SETUP** button at the top of the online receipt.

Team Captains please note: Make sure to provide your username and password when prompted during registration to have access to your team and donor information from last year. [Click here for instructions](#).

If you cannot participate in this event but would like to make a donation to the Rio Grande Down Syndrome Association,

please select the **DONATE** button. You can also donate to an individual or team by visiting their fundraising page under the **TEAMS/PEOPLE** tab.

Registration Fees

- Walk Participant: \$15 (includes T-shirt until 9/10)
- Walk Participant Without T-shirt: \$10
- Persons under 5 years old: Free (includes T-shirt until 9/10)
- Persons with Down syndrome: Free (includes T-shirt until 9/10)

[For more information click here.](#) ✚

SUMMERTIME!

Wacky Wednesday is back!

Our meetings are held on the first and third Wednesday of every month at 10:30 am.

To join, visit <https://zoom.us/j/777552491> or log into your Zoom account and enter meeting number 777552491.

Prefer to call in? That number is +16699006833,,777552491#.

ABQ People First Officers

- Roel Adamson, ABQ People First President
- Amelia Dickey, ABQ People First Vice President

ABQ People First Support

- Wendy Corry DDC
- Jenny Bartos, DDSD
- Veronica Chavez-Neuman, The Arc of NM ✚

New Mexico
ABLE Online
Demo

Special Needs

With Ronn Gaish

<https://youtu.be/kcDx0en7khc>

You can email Ronn at info@ABLEreport.com

OUR MISSION

The Rio Grande Down Syndrome Network is a nonprofit organization whose mission is to empower individuals with Down syndrome and their families through advocacy, education and support. We are a collaborative network which seeks to create awareness, assure inclusion, and promote independence in individuals with Down Syndrome.



P.O. Box 6759
Albuquerque, NM 87197-6759
Phone: (505) 382-5061



**Empowering individuals
with Down Syndrome and
connecting families in the
Rio Grande area.**



rgdsn.org

OUR HISTORY

The Rio Grande Down Syndrome Network (RGDSN) was formed by a group of parents and families with children who have Down syndrome. Since incorporating as a non-profit organization in 2009, members have come



together to provide information, support, and activities for one another. From organizing playdates and large group gatherings to coordinating fundraising events, all activities are volunteer-driven.



OUR PROGRAMS

RGDSNs Board of Directors would like to increase educational opportunities for our members, update our printed material to improve our communication with members who do not have Internet access and strengthen relationships with partnering organizations like the Arc of New Mexico, Parents Reaching Out and New Mexico Special Olympics.

Our longterm goals include a dedicated staff member, increased activity on a statewide level and summer therapy programs.

RGDSN believes that a strong support system can improve the options and opportunities available to people with Down syndrome.

We currently offer:

- Free Membership
- Advocacy Support
- Monthly E-Newsletters
- Family Networking Opportunities
- Conference Stipends
- New Parent Welcome Baskets”

GETTING CONNECTED

Whether you are a parent, caregiver, family member or self-advocate, you are not alone. There are wonderful people in our network who will offer **friendship, information and support.**



For more information about
Programs
Volunteering
Sponsorship Opportunities
Donating

Visit us at
www.rgdsn.org



Join us at one of our upcoming activities or sign up for our newsletter.

CONTACT US 

Facebook: Rio Grande Down Syndrome Network
Phone: (505) 382-5061
Email: info@rgdsn.org



Disability Information and Access Line

Help with COVID-19 vaccinations for people with disabilities

The Disability Information and Access Line (DIAL) is now available to help people with disabilities, including Deaf persons, get vaccinated. The DIAL's trained staff is standing by to:

- Help find local vaccination locations.
- Assist with making vaccination appointments.
- Connect callers to local services—such as accessible transportation—to overcome barriers to vaccination.

The hotline also can provide information and resources to answer questions and address concerns about the vaccines and can connect callers to information and services that promote independent living and address fundamental needs, such as food, housing, and transportation.

DIAL is operated as a collaboration between a consortium of organizations serving people with disabilities and the National Association of Area Agencies on Aging (n4a). The consortium includes:

- Association of Programs for Rural Independent Living (APRIL),
- Association of University Centers on Disabilities (AUCD),
- Independent Living Research Utilization (ILRU),
- National Association of Councils on Developmental Disabilities (NACDD),
- National Council on Independent Living (NCIL),
- National Disabilities Rights Network (NDRN), and
- The Partnership for Inclusive Disaster Strategies.

This collaboration benefits from the disability networks' extensive knowledge and expertise in meeting the needs of people with disabilities across the United States and n4a's decades of experience operating the [Eldercare Locator](#), the only federally funded national information and referral resource that supports consumers across the spectrum of issues affecting older Americans.



Call

888-677-1199
Monday – Friday
9 a.m. – 8 p.m. (ET)

TTY relay service

800-877-8339

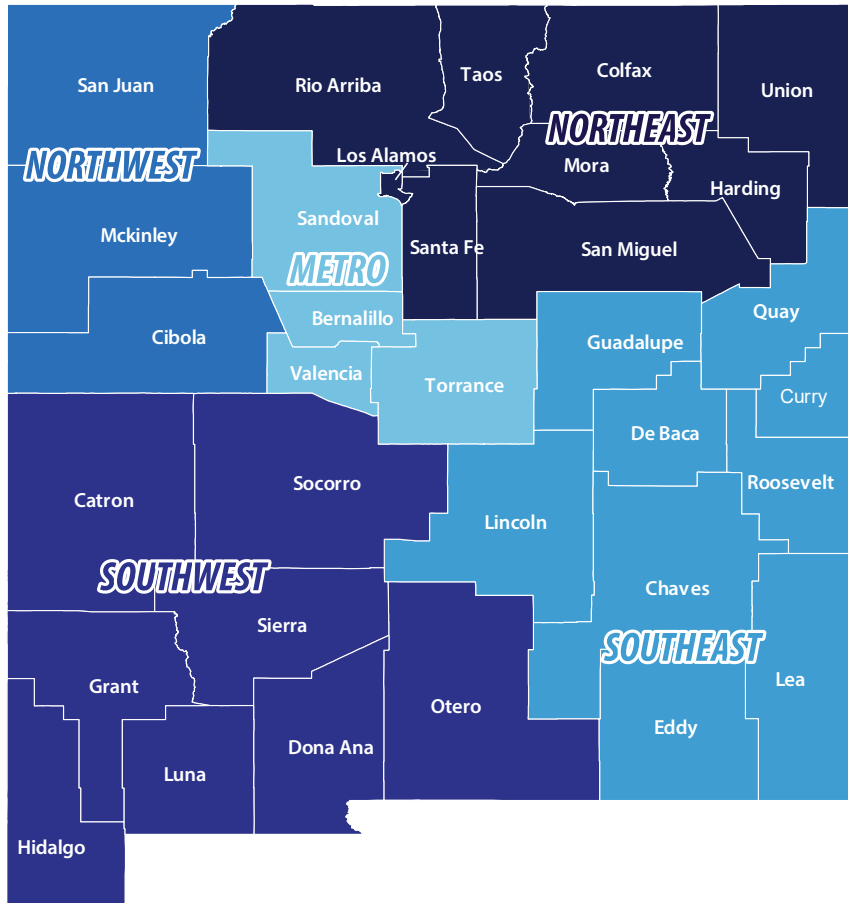


Email

DIAL@n4a.org



Intake & Eligibility Contact List



Metro Regional Office:
505-841-5500

**Northeast Regional
Office:** **866-315-7123**

**Northwest Regional
Office:** **505-863-9937**

**Southeast Regional
Office:** **575-624-6100**

**Southwest Regional
Office:** **575-528-5180**

Metro Regional Office: 505-841-5500
Bernalillo, Sandoval, Torrance and Valencia counties

Northeast Regional Office: 866-315-7123
Colfax, Harding, Los Alamos, Mora, Rio Arriba, San Miguel, Santa Fe, Taos and Union counties

Northwest Regional Office: 505-863-9937
Cibola, McKinley and San Juan counties

Southeast Regional Office: 575-624-6100
Chaves, Curry, De Baca, Eddy, Guadalupe, Lea, Lincoln, Quay and Roosevelt counties

Southwest Regional Office: 575-528-5180
Catron, Doña Ana, Grant, Hidalgo, Luna, Otero, Sierra and Socorro counties

REGIONAL OFFICES

CENTRAL REGISTRY UNIT MANAGER:

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Intake & Eligibility Contact List

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